

PHYSIOTHERAPY SERVICES AT SGT HOSPITAL

OPD	IPD	ICU
As the patient comes in opd he is advised to do registration go for registration at reception and then their entry is done in his system. after that detailed assessment of the patient is done.	Patients admitted in IPD are advised for physiotherapy by their consultant. as we get the referral, we visit IPD. detailed assessment of the patient is done in IPD itself.	Patients admitted in ICU are advised for physiotherapy by their consultant. as we get the referral, we visit ICU. detailed assessment of the patient is done in ICU itself.
Depending upon the evaluation electrotherapy and exercise therapy gets started. modalities like TENS, ULTRASOUND, IFT, MUSCLE STIMULATOR, TRACTION, SWD, MWD, LWD, LASER are given according to the patient's condition.	Depending upon the evaluation treatment protocol is decided and exercises like Bed Side Mobility, Positioning of The Patient Passive Exercises Active Assisted Exercises Ambulation is done.	depending upon the evaluation treatment protocol is decided and exercises like Bed side mobility, positioning of the patient. Chest physiotherapy like -Percussion Vibration Postural Drainage Breathing Exercises Effleurage and Upper Limb and Lower Limb Physiotherapy.
Exercises Like Strengthening Exercises Stretching Exercises Isometrics Exercises Open Kinematic Exercises Closed Kinematic Exercises Plyometrics Exercises Agility Exercises and Mobilisation are given to the patient according to the patient requirements.	Patient is charged 60 rupees per session.	Patient is charged 60 rupees per session.
We usually receive conditions like Osteoarthritis Lumber Spondylosis, Spondylolisthesis, Spondylolysis, Cervical Spondylitis, Meniscus Injury Ligaments Injury, Rotator Cuff Tear in orthopaedics and sports.		

Neurology conditions Like CP, GBS, ALS, Stroke, Parkinsons, Sci are treated with the help OF TILT TABLE ,SWISS BALL,MAT EXERCISES ,ROODS APPROACH ,NDT, BARNSTORM APPOROACH.		
Depending upon the evaluation patients visit opd 5-6 days in opd on regular basis and then follow up is done weekly.		
Patient is charged 60 rupees per session.		